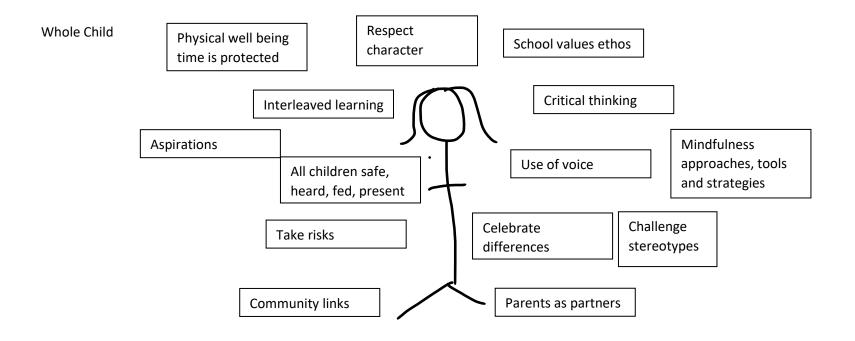
Safeguarding with the PSHE Curriculum						Beyond the PSHE Curriculum	
<u>Year</u> Group	Being Me in my world	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me	
R	Self-identity Understanding feelings Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Standing up for yourself	Seeking help	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations	Character fortnight- Pants are Private Safe adults Relationship building with each other and adults
1	Feeling special and safeBM1 Being part of a class BM2 Rights and responsibilities BM3 Consequences BM5 Caring Friendships R7, R8, R9, Respectful relationships R12, R13 R14, R16	Understanding bullying and how to deal with It CD3 CD4 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R16, R17 Being Safe R25, R29, R30, R31, R32	Respectful Relationship R12, R16	Keeping myself healthy KH1Healthier lifestyle choices KH2 Keeping clean KH3 Being safe KH3 Medicine/household item safety KH4 Road safety KH5 Linking health and happiness KH6	People who help us Rs4 Being a good friend to myself Rs5 Celebrating my special relationships Rs6 Families and People who Care for Me R1, R2, R3, R4 Caring Friendships R7, R9, R10, R11 Respectful Relationships R12, R13, R15, R16, R19 Being Safe R25, R27, R28, R30, R32	Life cycles CM1 Changes in me CM2 Changes since being a baby CM3 Learning and growing CM5 Coping with change CM6 Families and People who Care for Me R1, R2, R3, R4, R6 Respectful relationships R14, R15, R16, R19 Being Safe R25, R26, R27, R29, R32	Character fortnight- Pants are Private Safe adults Relationship building with each other and adults Votes for Schools- Critical thinking, having a voice
2	Rights and responsibilities BM2 Safe and fair learning environment BM4	Boys and girls CD1, CD2 Understanding bullying CD3 Standing up for myself and others CD4	Respectful Relationships R12, R13, R14, R15, R16, R19	Being healthy HM1 Healthier choices, being relaxed HM2 Medicine safety HM3 Healthy eating and nutrition HM4, HM5 Happy, healthy me. HM6 Being Safe R32	Different types of families Rs1 Exploring physical contact Rs2 Friendship and conflict Rs3 Secrets Rs4 Trust and appreciation Rs5	The changing me CM3 Assertiveness CM5 Respectful Relationships R15, R19 Being Safe R25, R26, R27, R29, R30, R31, R32	Character fortnight- Pants are Private Safe adults Relationship building with

	Respectful relationships R12, R13, R14, R15, R16, R19 Being Safe R25, R29, R30, R32	Caring Relationships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R16, R17, R18, R19 Online Relationships R20, R21, R22 Being Safe R25, R29, R31, R32			Celebrating my special relationships Rs6 Families and the people who care for me R1, R2, R3, R4, R5, R6 Caring Relationships R7, R8, R9, R11 Respectful relationships R12, R16, R19 Online Relationships R20, R22 Being Safe R25, R26, R27, R28, R29, R30, R31, R32		each other and adults Votes for Schools- Critical thinking, having a voice Project Evolve-online safety
3	Caring Friendships R7, R8, R9 Respectful Relationships R12, R13, R14, R16, R19 Online Relationships R20, R21, R23 Being Safe R25, R32	Families CD1 Family conflict CD2 Witnessing bullying and how to solve it CD3, CD4 Recognising how words can be harmful/hurtful CD5 Giving and receiving compliments CD6 Families and the people who care for me R1, R2, R3, R4, R5, R6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R15, R16, R17 Online Relationships R20, R21, R23, R24 Being Safe R25, R30, R31, R32	Respectful Relationships R12, R13, R14, R15, R16, R19	Being fit and healthy HM1, HM2 What do I know about drugs? HM3 Being safe — online and offline HM4 Being safe at home HM5 My amazing body HM6 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R26, R28, R29, R30, R31, R32	Family roles and responsibilities Rs1 Friendships and negotiation Rs2 Keeping myself safe online and who to go to for help Rs3 Being a global citizen Rs4, Rs5 Celebrating my web of relationships Rs6 Families and the people who care for me R1, R2, R3, R4 Respectful Relationships R12, R13, R16, R18 Online Relationships R20, R21, R22, R23, R24	How babies grow CM1 Understanding a baby's needs CM2 Family stereotypes CM5 Looking ahead CM6 Families and the people who care for me R1, R2, R3, R4 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R18 Being Safe R25, R26, R27, R29, R32	Character fortnight- Pants are Private Safe adults Relationship building with each other and adults Votes for Schools- Critical thinking, having a voice Project Evolve- online safety
4	Being part of a class team BM1 Being a school citizen BM2	Judging by appearances CD1 Understanding influences CD2	Respectful relationships R12, R13, R14, R16, R19	Healthier friendships HM1 Group dynamics HM2 Smoking HM3 Alcohol HM4	Jealousy Rs1 Love and loss Rs2 Memories of loved ones Rs3	Being unique CM1 Having a baby CM2 Girls and puberty CM3 Circles of change CM4	Character fortnight- Pants are Private

	Rights, responsibilities and democracy BM3 Rewards and consequences BM4 Caring Friendships R7, R8, R9, R10, R11 Respectful relationships R12, R13, R14, R16, R19 Online Relationships R20, R22 Being Safe R25	Understanding bullying CD3 Problem solving CD4 Special me CD5 Celebrating differences CD6 Caring Friendships R9, R11 Respectful relationships R12, R15, R16, R17 Online Relationships R20, R21, R22, R23 Being Safe R25, R26, R30, R31, R32		Assertiveness HM5 Celebrating my inner strength HM6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R15, R16, R19 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R29, R30, R31, R32	Getting on and falling out Rs4 Celebrating my relationships with people and animals Rs6 Families and the people who care for me R1, R2, R4 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R16, R19 Being Safe R25, R30, R32	Accepting change CM5 Looking ahead CM6 Families and the people who care for me R1, R2, R3, R4 Being Safe R25, R26, R27, R29, R32	Votes for Schools- Critical thinking, having a voice Project Evolve- online safety
5	Year 5 responsibilities BM3 Families and the people who care for me R1, R2, R3, R4, R6 Respectful Relationships R12, R13, R14, R15, R16, R19	Difference cultures CD1 Racism CD2 Rumours and name calling CD3 Types of bullying CD4 Does money matter CD5 Celebrating differences across the world CD6 Families and the people who care for me R1, R2, R3, R4, R6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R15, R16, R17, R18 Being Safe R25, R26, R27, R30, R31, R32	Families and the people who care for me R1, R2, R3, R4, Caring Friendships R7, R8, R9, Respectful Relationships R12, R15, R16, R18	Smoking HM1 Alcohol HM2 Emergency aid HM3 Body image HM4 My relationship with food HM5 Healthy me HM6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R15, R16, R17, R18, R19 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R26, R27, R30, R31, R32	Recognising me Rs1 Safety with online communities Rs2 Being in an online community Rs3 Online gaming Rs4 Screen time Rs5 Relationships and technology Rs6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R15, R16, R17, R18, R19 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R26, R27,R28, R29, R30, R31, R32	Self and body image CM1 Puberty for girls CM2 Puberty for boys CM3 Looking ahead CM5, CM6 Families and the people who care for me R1, R2, R3, R4, R5 Online Relationships R24 Being Safe R25, R26, R27, R30, R31, R32	Character fortnight- Pants are Private Votes for Schools- Critical thinking, having a voice Project Evolve- online safety
6	Respectful Relationships R12, R13, R15, R16, R17, R19 Being Safe R25, R30, R31, R32	Am I normal? CD1 (both?) Understanding disability CD2 Power struggles CD3 Why bully? CD4	Families and the people who care for me R1, R2, R3, R4, R6 Respectful Relationships R12, R13, R15, R16, R18,	Taking responsibility for my health and wellbeing HM1 Drugs HM2 Exploitation HM3 Gangs HM4 Emotional and mental health HM5	What is mental health Rs1 (both) My mental health Rs2 Love and loss Rs3 Power and control Rs4 Being safe with technology Rs5	My self-image CM1 Puberty CM2 Conception to birth CM3 Girlfriends and boyfriends CM4	Character fortnight- Pants are Private

	Celebrating differences CD5, CD6 Respectful Relations hips R12, R13, R14, R15, R16, R17, R18, R19 Online Relationships R20, R21, R22, R23, Being Safe R25, R26, R30, R31, R32	Managing stress and pressure HM6 Respectful Relationships R15, R16, R17, R18, R19 Being Safe R25, R26, R27, R28, R29, R30, R31, R32	Using technology responsibly Rs6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R15, R16, R17, R18, R19 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R26, R27,R28, R29, R30, R31, R32	Real self and ideal self CM5 The year ahead CM6 Families and the people who care for me R1, R2, R3, R4, R5, R6 Caring Friendships R7, R8, R9, R10, R11 Respectful Relationships R12, R13, R14, R15, R16, R18, R19 Online Relationships R20, R21, R22, R23, R24 Being Safe R25, R26, R27, R28, R29, R30, R31, R32	Respecting boundaries, personal space Votes for Schools- Critical thinking, having a voice Transition- secondary and infants-juniors Project Evolve- online safety
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RE

- Celebrating diversity
- Respecting differences
- Big Questions

English novel Selections:

- Diverse
- Represents our community
- Gives a forum to discuss relevant issues: homelessness, mental health, discrimination, refugees, bereavement, conflict, lessons learnt from history

RSE

- Created in consultation with parents and community
- Open discussion forum
- Parents and school working together

Oracy

- Gives children the language to debate/discuss/challenge

Sticky Curriculum

- Big Questions
- Sticky words under
 - British Values
 - Character
 - Equality
 - o Citizenship
 - o Critical Thinking

Votes for Schools example questions:

• Do you feel comfortable with change?

- Do we know enough about how vaping affects?
- Is it difficult to stand up against bullying.

Assemblies:

- How am I safe at school?
- How do I reach out- Anti Bullying theme?
- What does clever never goes mean?