

Early Help Offer

Kestrel Mead Primary Academy

'Be the best you can be'

Introduction

Early Help is a strategic priority of the Leicester Education Strategic Partnership. This guide has been created as part of the work of the Leicester Education Strategic Partnership Operation Group (LESPOG) to:

'...manage a planned range of improvement and development activities in conjunction with education partners to ensure that significant progress is being achieved to meet the LESP's strategic priorities and objectives.'

LESPOG established an Early Help Task and Finish Group comprising partners from Primary Schools, Secondary Schools and the Local Authority to identify how to support schools to understand and engage with the Early Help agenda. It was agreed that a set of 'Early Help commitments' be created to set out the activities required by schools to ensure they are up-to-date and engaged with the early help agenda.

This document, compiled by a local Schools SEND Hub, details a set of Early Help Commitments for schools which will enable local schools to ensure that:

- Pupils, parent/carers and staff are clear on the Early Help support available through the school
- Partners, working to support families alongside schools have clarity regarding the early help offer of schools;
 supporting effective multi-agency working
- They are up-to-date with and part of local and national approaches to the delivery of early help support for more vulnerable families
- They have evidence of their commitment to the personal development and wellbeing strand of the Ofsted Framework

The ultimate goal is to ensure all children, young people and families receive the right support, at the right time reducing the need for referral to statutory services.

How this guide works

This guide has four sections:

	Section	Content	Purpose	Page Number
1	What is Early Help?	What Early Help means Early Help in Leicester The role of Schools	To enable schools to understand what early help means and the role of schools in the delivery of it.	3
2	Schools Commitments	A set of 4 Early Help commitments, together with advice and information on implementation	To provide clarity regarding the activities Schools should undertake to ensure they are up-to-date and engaged with the early help agenda.	5
3	Early Help in Schools	A list of example early help activities undertaken within schools and how the impact of these can be measured	To provide a starting point for individual schools to define and evidence the impact of their Early Help offer	7
4	Early Help Commitments Audit Tool	Audit tool and Action Plan	To enable schools to understand actions required to implement the Early Help Commitments	12

1. What is Early Help?

Early Help' means providing help for children, young people and families as soon as problems start to emerge or where it is likely that issues will impact negatively on children's outcomes.

Early help...

- Is for children of all ages and not just the very young,
- Can be provided at any point of need and;
- Can be very effective in supporting a child, young person and/or their family to step down from statutory services as well as preventing the escalation of issues.
- Is important because there is clear evidence that it results in better outcomes for children.

Early help is a term that describes much of the everyday work of schools.

Early Help in Leicester

The vision of all partner organisations working with children and families in Leicester is to improve children's lives by working in partnership to raise aspirations, build achievement and protect the most vulnerable.

This is based on the belief that:

- Families and communities have many strengths that support parents as the primary carers for their children and contribute to building resilience and independence in families
- Children, young people and families develop resilience if there are protective factors in place such as: a positive
 relationship with an adult; good literacy and communication skills; good school attendance; and, parents in or
 actively seeking/ready for work
- Children's needs are best met when help is offered in a universal setting within a socially mixed group and early on when problems start to emerge
- Children and young people's needs are best met when addressed in the context of the whole family, meaning that parents/carers/siblings' needs are addressed with consent as part of a holistic and integrated Early Help response

Early help services should support and strengthen families so that they can thrive.

For more information on Early help in Leicester, please click the link below:

Leicester City Council's Early help offer.pdf

The Role of Schools

Day to Day Support

Most families, most of the time, can get on with their lives quite happily with little or no outside help. If they need help it is usually provided by universal services, such as schools. This can include the day-to-day support provided to pupils and their families by staff within the school. All children can visit Alison's Room at any time of the day, every day to offer children additional support.

Focused Family Support Work.

All families can have times, however, when difficulties arise and they either may not recognise it or may not know how to start putting things right. Without the right support early on, situations can easily get worse very quickly. Schools play a role in supporting families to address these difficulties through more focused family support, which might include bringing in support via an external agency. Alison Moss is our family Support worker, she is available all day, every day to bridge the gap between home and school life. Alison will liaise with Early Help services in an Early Help co-ordinator role so that focused work which she has completed can be recorded as part of the wider support available to families through an Early Help assessment.

Early Help Assessment

For those children and families whose needs and circumstances make them more vulnerable, or where schools need the support of other agencies to meet the needs of the family, a co-ordinated multi-agency approach is usually best. In Leicester this is achieved through undertaking an Early Help Assessment and assigning a Lead Practitioner to work closely with the family to ensure they receive the support they require. Schools should be a key partner in any multi-agency work to support families.

2. School Commitments to the Early Help Offer

The following four commitments have been agreed as non-negotiable elements to your school's Early Help Offer.

By signing up to and implementing these commitments your school can ensure:

- Pupils, parent/carers and staff are clear on the Early Help support available through the school
- Clarity for partners, supporting improved multi-agency working
- It is up-to-date with local approaches to the delivery of early help support for more vulnerable families
- Helps evidence your school's commitment to the personal development and wellbeing strand of the Ofsted
 Framework

1. The Designated Safeguarding Lead (a key decision maker) is responsible for Early Help as part of their safeguarding role.			
What	Who	Advice/Ideas for Implementation	Measurable Outcomes
The Designated Safeguarding Lead (DSL) should have responsibility for Early Help as part of their understanding regarding the appropriate response to concerns about a child.	This could be: Mrs Simpson Mrs Newnham Mrs Goulding Alison Moss Mrs Clarke Mrs Hill Miss Bickley	DSLs to discuss Early Help offer and appropriate of this with each family. As appropriate DSLs to attend Early Help Assessment (EHA)Training to improve understanding of the EHA, how to make request, learn about the Lead Practitioner role and Team Around the Family meeting	DSL's have attended the briefing and training

2. At least one member of staff is trained in the use of LiquidLogic.			
What	Who	Advice/Ideas for	Measurable Outcome
		Implementation	
The LiquidLogic Early Help	Alison Moss	Appropriate school staff to	Relevant staff have
Module (LLEHM) is an	Mrs Clarke	attend <u>LiquidLogic Early</u>	attended the 1 half day
electronic case recording		Help Module Training	LiquidLogic Early Help
system for Early Help			modules
Assessments.		The training comprises 1	
		half day session.	Individual login received
Attending the training will		Attendance at both	and working
enable partners to use the		sessions is required and	
LLEHM to make requests		following completion	
for Early Help, to record		attendees will be issued	
their interventions as part		with login details to	
of an EHA and share			

information with other	er	nable them to utilise	
partners involved in the	Li	iquid logic.	
same EHA.			

3. The school has a defined and published Early Help Offer.

Setting out your early help offer can improve how partners work with you to make sure support offered to families begins at the earliest opportunity and in the best way possible.

Step One - define your offer

Use the <u>list below</u> to help you define your Early Help Offer i.e. what your school does to prevent problems from escalating.

Step two – publish your offer

4. Students, Parents,/Carers and Staff know how to access Early Help support within school

Students, parents/carers and staff should have an awareness of the schools Early Help offer and know how to access Early Help support within the school.

Group	Suggested awareness raising routes	Key staff that will need an awareness in
		order to support this group
Children	Assemblies	Any trusted adult within the school
and Young	Theme weeks	environment
People	Display information on school notice boards	SLT/DSL's
	Staff Notice board	Class teacher
	Outside notice boards	Lunch supervisor
	Class Dojo	Teaching assistant
	Newsletter	Office staff
	 Interventions such as 1:1 feeling session, group 	Family Support
	work around feelings, friendships	Attendance manager
	PSHE- Jigsaw	MHFA
	Safeguarding within the curriculum- class sessions	School nurse
		Educational Psychologist/SEMH
Parents /	Include information in school communications	Any trusted adult in school e.g.
Carers	Display information on school notice boards and	SLT /DSL's
	playground.	Family Support Manager
	• Have copies of this leaflet available for parents (at	Attendance Manager
	parents evening and available in the staffroom for	Class teacher
	staff reference	Lunch supervisor
	Coffee mornings	Teaching assistant
	Direct family support	 Educational Psychologist/SEMH
		 Other agency support worker
		Office staff
		School nurse
Staff	Include as standing item in staff meetings	Designated Safeguarding Lead
	Include in staff briefings/bulletin	Family support Worker
	Share this leaflet with staff	• SENCo
	Through safeguarding training	

3. Early Help in Schools

Use this list to:

- Define your schools early help offer feel free to add your own provision the list is not exhaustive.
- Identify data sources from which you can evidence the impact for Personal Development, Behaviour and Welfare Support services which have an impact on improving outcomes for students and their families.

Make sure the list is signed off and dated and a review date agreed

Attendance	
Your offer	Measurable Outcomes
 100% attendance rewards Alternative provision monitoring of leave of absence requests Attendance data monitored Attendance manager Breakfast club EWO (Educational Welfare Officers) EWO meetings with HoDs (Attendance Panels, penalty notices, PACE meetings, court) Family Support Worker First day calling Home visits Letter home at 95% attendance Meet and greets Monitoring of leave of absence requests Organising transport Panel meetings Personal attendance plans Policy for leave of absence requests Regular monitoring Reward charts Reward good attendance School nurse (where there's a medical condition) School Gateway/ Truancy calls Trophies / certificates / vouchers / prizes After school clubs Late children monitoring 	 Overall and individual pupil attendance improves Improvement in PA (Persistent Absence) data Reduction in number of leave of absence requests Reduction in number of penalty notices issues Lateness data Whole school targets are met Short term improvement to the data of PA (Persistent Absence) pupils

Transition	
Your offer	Measurable Outcomes
DSL transition meetings- sharing new information with staff Books / photos- transition books Designated link teacher for transition to secondary Extra visits/induction for vulnerable students EYST (Early Years Support Team) Health visitors / school nurse Induction Day Link between educational phases Nursery / Home visits Pupil passports SALT (Speech and language therapists) SEMH team (Social Emotional and Mental Health) Staff meetings between educational phases Students are adequately supported upon entry Support online application Transition programme Visits for prospective families Visits to feeder schools Work with key partners, including Admissions, EIP, EWO	 Pupils obtain a place at their chosen school Support families with appeals Family needs are met whilst awaiting placements
Family support work	
SEMH	
Your offer	Measurable Outcomes
Group work offer eg; feelings & emotions, confidence, friendship, body image, bereavement etc CEIPS-Calm Clinics Alison Wright-Theraplay MHFA offer CAMHS (Children, Adolescent Mental Health Service) Educational Psychologist Family Support 1-1, sibling, whole family R-time 'Time out' cards Talking lines Learnful Dojo Coffee mornings Parent sessions Laura centre Lego therapy Social Interaction groups Golden ticket club Meet and greet Workshop Wednesday Nurture groups Positive behaviour plans School nurse SEMH team (Social Emotional and Mental Health) Staff training in dyslexia, ADHD Team teach / positive handling training	 Pupil learning data shows improvement Reduction in number of high / low level behaviour incidents Increase in pupils self-help skills Reduction in fixed term exclusions Assessments show that emotional needs e.g. Boxall Profile are monitored and influenced. Intervention data shows progress in small step pupil passport targets. Scaling from FSW measures impact

Virtual school team	
Wellbeing leaders	

Staying safe	
Your offer	Measurable Outcomes
'Bikeability'	Increase in turn-over of families
Acceptable user policies	accessing Social Services/Family
Anti-bullying champion	Support Worker
Wellbeing leaders	Welfare and neglect issues on
Assemblies	Social Services caseload is reduced
Care plans	 All parents have signed and are
DAS (Duty And advice Service)	adhering to the AUP (Acceptable
Data protection procedures	User Policy) via the AUA
Drop ins	(Acceptable User Agreement)
Early Help response	 Quality displays evidence pupils
E-safety	new learning
External advice	An increasing percentage of
Home visits	parental engagement
Link Police Community Support Officer	An up-to-date rolling programme
Monitoring of leave of absence requests	of CPD (Continued Professional
Training	Development) in relation to
Family support	Safeguarding / Training for all staff
Coffee mornings	(2 years – DSL's and every year –
Attendance manager	all staff)
Dojo	Monitoring of CPOMS to identify
PEP/LAC meetings	key themes- focus sessions build
PHSE (Personal Health Social Education)	on this and develop practice.
Prevent training for all staff e.g. FGM (Female Genital Mutilation) /	
Forced marriages	
Safer recruitment procedures	
Sex education through jigsaw	
Theme weeks / days	
Tracking of incidents e.g. CPOMS	
Whole school safeguarding training	
Young Gentleman's club	
Warriors	
Learnful	

Supporting Families	
Your offer	Measurable Outcomes
Family support 1-1, sibling, whole family sessions/phone contact Referral to specialist services	Pupil learning data shows improvement
Coffee mornings-specific topics/guest speakers Pop-up-shop/food parcels	 Uptake of support services increases
Charity funding subsidised with food banks Household fund applications	Reduction in number of DNAs (Did Not Attend) to appointment
Winter warmer events Curriculum days / evenings	An increasing percentage of parental engagement
Support in completing forms Financial support	Positive joint working with agency's
Home visits Housing applications	 Positive working relationship with Family support worker and staff.

Noticeboards	
Parents evenings	
Dojo	
SENCo	
SENDIASS (Special Educational Needs and Disabilities Information Advice	
Support Service)	
Signposting to external agencies	
Signposting to training	
Joint working/liaising with agencies in the community	
MHFA offer	
Family support worker mobile number- direct contact with open door	
policy	

The local community	
Your offer	Measurable Outcomes
Bike ability Community events – fairs Donations from outside businesses e.g. link with Tesco Governors Link PCSO Link with fire services Links between schools – school to school support / collaboration TMET link between schools Highlighting on newsletter community events within community Guest speakers within coffee mornings	 Families have a better understanding of the wider community and excess support needed. Wider awareness of knowledge of the community and how schools can support families. Families show awareness of help offer available to them. Breaking down barriers between services e.g. police and home

Curriculum	
Your offer	Measurable Outcomes
1:1 / group work TMET behaviour support Assemblies Booster/ Year 6 groups Inter-school events Literacy/Phonics interventions Observing significant local community event Outside agencies Emotional literacy support- workshop Wednesday/play interaction etc. PSHE- Jigsaw Subsidised school trips / visits Theme weeks Bespoke training e.g. HSB support, friendships ,peer on peer interactions	 % of children attending a school club Pupil learning data shows improvement Monitoring of CPOMS to identify key themes- focus sessions build on this and develop practice. Intervention data shows progress in small step pupil passport targets.

4. Early Help Commitments Audit Tool

This Audit Tool has been created to help your school assess progress towards achievement of the four Early Help Commitments which can be used to evidence Ofsted requirements. The tool provides:

- An action plan with suggestions regarding the actions your school can take to meet the outcomes please add, delete or amend actions as appropriate.
- A place to record the outcomes achieved

RAG ratings

At risk of not achieving	On track	Completed / ongoing

The Designated Safeguarding Lead (a key decision maker) is responsible for Early Help as part of their safeguarding role					
Actions Required					
Outcome	Action	When	Who	RAG rating	
Designated Safeguarding Lead has responsibility for Early Help as part of their understanding regarding the appropriate response to concerns about a child.	7 DSL have had appropriate training All Early Help referrals to be completed by Family Support Worker.	ongoing	DSL's		
DSL discussion around 'What is early help'	Discussion to be completed as and when	Ongoing	DSL's		
Where appropriate, DSLs have attended Early Help Assessment Training	Visit Early Help Training website and book place on training	Ongoing	E Newnham A Moss		
Outcomes Achieved		Complete?	Details	Review Date	
Designated Safeguarding Lead has responsibility for Early Help as part of their understanding regarding the appropriate response to concerns about a child.		Yes	A Moss		
DSL discussion around 'What is early help'		Yes	DSL's	ongoing	
Where appropriate DSLs have attended Early Help Assessment Training		Yes	E Newnham A Moss		

At least one member of staff to be trained in liquid logic:				
Actions Required				
Outcome	Action	By When	Who?	RAG rating
At least one member of staff is trained in the use of LiquidLogic.	Virtual session attended online	2020	A Moss N Clarke	

The school has a defined and published Early Help Offer					
Actions Required					
Outcome	Action		By When	Who?	RAG rating
The Early Help offer is published	Identify how and where to publish your schools early help offer		Nov 2022	AM	
	Publish your schools early help offer- on website		Nov 2022	AM	
Outcomes Achieved					
		Co	omplete?	Date	Review date
There is a defined Early help offer for the school			Yes		
	Details	Co	omplete?	Date	Review date
The Early Help offer is published	Newsletter/website/posters		yes	March 2024	

Students, Parents,/Carers and Staff know how to access Early Help support within school Actions Required				
Outcome	Action	By When	Who?	RAG Rating
	Identify key staff who Children/Young People can talk to about Early Help	Ongoing	DSL's	
Children and young	Identify how to train/raise awareness of this responsibility with these staff	ongoing	DSL's	
people, have been made aware of how	Deliver training/awareness raising to these staff	ongoing	DSL's	
they can access early help within the school	Identify appropriate methods to deliver information on Early help in school to Children and Young People	termly	Newsletter/ website	
	Deliver messages regarding Early Help to Children and Young People in school	ongoing	Via teachers	
	Identify key staff who Parents/Carers can talk to about Early Help	ongoing	DSL's	
Darramta/Carrama have	Identify how to train/raise awareness of this responsibility with these staff	ongoing	DSL's	
Parents/Carers have been made aware of	Deliver training/awareness raising to these staff	ongoing	DSL's	
how they can access early help within the school	Identify appropriate methods to deliver information on Early help in school to Parents/Carers		Website Class Dojo	
	Deliver messages regarding Early Help to Parents/Carers	ongoing	Posters newsletter In person	
Staff have been made aware of how they can access early help within the school	Identify key staff who Staff can talk to about Early Help		DSL's	
	Identify how to train/raise awareness of this responsibility with these staff	ongoing	Staff meetings/ phase meetings	

Deliver training/awareness raising to these staff	ongoing	Induction/ safeguarding training	
Identify appropriate methods to deliver information on Early help in school to Staff	ongoing	Notice boards/ posters/ folders	
Deliver messages regarding Early Help to Staff	Ongoing	Follow up meetings	

Kestrel Mead's response to Early Help Support:

Outside agency input Support with **CAMH** referrals o TAF/CIN/CP meetings DAS referrals Early Help referrals 1:1 session with child, sibling, family Parent workshops Friendship groups, feelings groups **Bespoke** Advocacy for parents- support with contact offer- in to services school o Letters to support GP etc. o Referrals to school nurse team Support for clothing, food etc- food bank referrals etc. Signposting for housing, benefit support Meet and greet sessions Home visits Breakfast club o After school clubs o Milk for Nursery/Reception Access Fruit for all Infant children Coffee Mornings Household application funds Newsletter updates from Alison/ what's on in the community o Family support worker mobile/response Pastoral Support worker role- responsive attendance

Whole school offer